



a well-fed world

nourishing people / saving animals



vegan feeding & farming



farmed animal care & rescue

www.AFWF.org

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Cover photo credits for AFWF grantees:
Top: Ashraya Initiative for Children - India
Bottom: Poplar Spring Animal Sanctuary - USA (Mark Peters Photography)

Dear Friend,

Thank you for your interest in **A Well-Fed World** and for sharing our dual-mission to nourish people and save animals.

We are a hunger relief and animal protection organization chipping away at two of the world's most immense and unnecessary forms of suffering -- the suffering of people hungry from lack of food, and the suffering of animals used and abused for food.

Our approach is positive and practical. In addition to our advocacy and programs promoting the benefits of plant-based diet and agriculture for global food security, we financially assist and partner with innovative, highly effective projects to strengthen:

- ▶ vegan food and farming
- ▶ farm animal care and rescue
- ▶ community-building and outreach

We work on the ground with grassroots activists to produce immediate results for people and animals in need... and top-down with social justice leaders to create long-lasting, structural change.

This booklet provides a glimpse at our work. I hope the unique and powerful results we achieve inspire you to stay connected by signing up for our monthly e-newsletter and/or donating at www.awfw.org.

For a kind and well-fed world,



Dawn Moncrief, *Founding Director*



dawn@awfw.org



The cornerstone of our activities is our **Global Grants** program.

We award hundreds of grants each year to support innovative and highly effective projects in dozens of countries.

We work in middle- and high-income sectors because they have relatively strong levels of purchasing and political power that can produce drastic, far-reaching results.

We work in low-income sectors because they are under-served and marginalized with relatively limited access to resources, so they can benefit greatly from direct assistance.

Specifically, we focus on low-income communities in the U.S. and internationally because:

- ▶ The suffering is widespread -- more people and animals need immediate help.
- ▶ There are fewer resources and the dollar is powerful -- we can assist more groups.
- ▶ Some habits and institutions are less entrenched -- our efforts make a bigger impact.



Listed are examples of our **Sustainable Keys Global Grants**. Visit us online for more details at: www.awfw.org/grants.

- Africa Network for Animal Welfare
- Better Health Better Life
- Bio-Justicia Mexico - CAMPDA
- Brighter Green: Food Policy/Equity
- Chilis on Wheels
- Coalition Healthy School Food
- Factory Farming Awareness Coalition
- FaunAcción - Mexico
- Fish Feel - Advocacy
- Food Empowerment Project
- Food for Life Global
- Free From Harm
- Grow Where You Are
- Help Animals India
- Hurricane Sandy Food Relief
- Institute for Humane Education
- Inst. Nutrition Education & Research
- International Fund for Africa
- Justice Without Boundaries - Mexico
- Karuna Society for Animals - India
- Lean and Green Kids - School Lunch
- Liberia Animal Welfare Society
- Libres al Fin! Sanctuary - Mexico
- MaituFoods
- Open the Cages Alliance
- Our Hen House
- Peace Advocacy Network
- PEP Foods Collective
- Plant-Based on a Budget
- Plenty International
- Poplar Spring Animal Sanctuary
- Sadhana Food Forests - Kenya
- Seed Programs International
- Sistah Vegan Project
- Tanzania Animal Welfare Society
- The Cow Sanctuary
- Toronto Pig Save
- Triangle Chance for All
- Vegan Organic Network
- Vegan SoulFest
- Vegan Youth Society - Ghana
- Youth for Environmental Sanity

country list

- Amsterdam
- Argentina
- Australia
- Belize
- Benin
- Brazil
- Cambodia
- Cameroon
- Canada
- Chile
- China
- Colombia
- Czech Republic
- DR Congo
- Ecuador
- Egypt
- El Salvador
- England
- Ethiopia
- France
- Germany
- Ghana
- Guatemala
- Haiti
- India
- Ireland
- Israel
- Jamaica
- Kenya
- Laos
- Liberia
- Luxembourg
- Macedonia
- Malawi
- Mexico
- New Zealand
- Nigeria
- Pakistan
- Paraguay
- Peru
- Philippines
- Serbia
- Sierra Leone
- South Africa
- Spain
- Swaziland
- Tanzania
- Togo
- Uganda
- United States
- Venezuela
- Vietnam



Photo: International Fund for Africa
by Jo-Anne McArthur, 2016

We expanded our partnership with the **International Fund for Africa** to include their **Ethiopian School Health and Nutrition Program**.

With increased funding and a **recurring matching grant**, the program is now in five primary schools providing long-term daily vegan meal plans and basic health services for the school's most in need children. Building onsite bakeries and developing vegetable and mushroom gardens are central features, which not only empower schools to make their own food, but also to sell food for future income and self-sustainability.

For some children, the school lunch will be their only meal of the day, but having that meal will greatly increase their ability to learn and provide them with energy to literally grow and succeed more in the world.

The program is designed to be scaled up within each school to allow more children to participate and to be used as a model to implement in other schools. Please help if you can. awfw.org/ethiopia

why advocate in ethiopia?

- Ethiopia is one of the world's poorest countries with more than 35 million people living in abject poverty.
- Ethiopia is Africa's largest producer and exporter of animals raised for food.
- Ethiopia is the world's 10th largest producer of animals raised for food.
- Ethiopia continues to increase its consumption of animal products and exports of meat and live animals.



A Well-Fed World's broad presence in India is facilitated through our partnerships with **Help Animals India** to care for rescued animals, and the **Federation for Indian Animal Protection Organizations (FIAPO)** to strengthen grassroots vegan advocacy, with a particular focus on the harm caused by dairy.

Pictured here is the **Plastic Cow Project**, which provides emergency surgery and sanctuary to cows to spare them the slow, painful death that often results from grazing on landfills and consuming plastic and other debris. Hundreds of cattle have also been rescued on their way to illegal slaughter, and disaster relief has provided food, shelter, and medical care to people and animals in dire need.

We are also proud to be a founding partner of the **Living Free Program** by FIAPO that provides leadership training, vegan education materials, free public resources, and funding to grassroots groups in more than two dozen cities throughout India.

- India has the world's lowest per person meat consumption rates, but their meat consumption is rising and there is immense potential for overall growth.
- India has the world's 2nd largest population, so even small per person increases have an immense impact.
- India has the world's largest dairy herd and is responsible for more livestock methane emissions than any other country.

why advocate
in india?

Animal-Gifting - The Problem



Misleading photos of happy children and cute, healthy animals represent standard advertising used by “animal-gifting” organizations. This photo with a fake lipstick kiss is from **Heifer International**.

What you won't see are emaciated animals or slaughter photos on the **Heifer International** website. They represent the reality of what many animals in low-income countries actually suffer. You also won't read about the struggles of families to provide constant food, water, and medical care.



Read/share our **10 Reasons to Say NO to Animal “Gifts”** at www.awfw.org/no-animal-gifts.

Plants-4-Hunger - The Solution

Donating through **A Well-Fed World** provides a compassionate and effective alternative to animal-based “gift” programs. Our **Plants-4-Hunger** program provides vegan food aid and community farming to spare animals while better feeding people in need.



Photo: Plenty International

We send **100% of your gift-donation** to our **Plants-4-Hunger** program to feed children in need in Ethiopia, India, Guatemala, and the United States.

It's a great way for your friends and family to support vegan hunger programs on your behalf. And it's a great way to give people-centered gifts to your family, while also making the connections with animal protection in a gentle, loving way.

www.awfw.org/gifts

Humane Facts: Labels and Loopholes

As people become increasingly aware of factory farm atrocities, many are purchasing meat, dairy, and eggs from companies that advertise improved animal welfare.



Photo: Toronto Pig Save

Unfortunately, many of the worst abuses inflicted on animals in conventional/factory farms (which represent 98% of farmed animals raised in the U.S.), are standard practices on small, local, and humane-label operations.

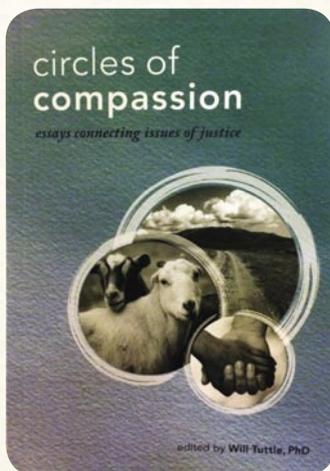
These **standard practices** include amputation without painkillers, separation of mothers and newborn calves for dairy, and the killing of “surplus” male calves (for dairy) and chicks (for eggs).

Find out what the different “humane” labels provide, and what they don’t. Visit our **Humane Facts: Labels and Loopholes** educational website at www.humanefacts.org.

Circles of Compassion Book

Circles of Compassion: Essays Connecting Issues of Justice, edited by Dr. Will Tuttle, is a series of essays that demonstrate how seemingly disparate human, animal, and environmental concerns are actually connected, and how we can make individual and systemic changes to create a more just and peaceful world.

AWFW Founding Director Dawn Moncrief’s essay explores the ways in which animal-sourced foods represent a form of overconsumption and waste that exacerbate global hunger by redistributing food away from the world’s poor.



About Our Partnerships

Our advocacy stretches beyond our immediate reach and beyond the symptoms to help heal our broken food system at its source. Thanks to our incredible partners, we are achieving meaningful gains and we look forward to scaling up more impressive projects.

International Fund for Africa is our bridge to Ethiopia and other parts of Africa. Together, we support a multitude of projects helping people and animals in dire need, including IFA's School Health and Nutrition Program bringing a nutritious lunch and health services to children living in extreme poverty. www.ifundafrica.org

Food for Life Global is our bridge to feeding programs in India and worldwide. Together, we support large-scale vegan feeding programs for some of the world's poorest people, and we help fund the mobilization of disaster relief teams through Food for Life's extensive volunteer network. www.ffl.org

Help Animals India is our bridge to farmed animal rescue and community building in India and parts of East Asia, including Nepal and Tibet. Together, we provide funding to sanctuaries, with a special focus on feeding, water, and medical programs. www.helpanimalsindia.org

Brighter Green is our bridge to international research and United Nations conferences. Together, we challenge the globalization of industrial animal agriculture and advocate shifting policies to support consumption of plant-based foods. www.brightergreen.org

Grow Where You Are and **Maitu Foods** are our bridge to veganic farming, community empowerment, and farm-to-table feeding programs. Together, we advance the benefits of plant-based foods and farming, increase broad access to nutritious foods, and provide training to food justice advocates and families. www.growwhereyouare.farm

▶ You want to save them BOTH!

You care about helping people AND animals in need.

▶ You want a simple and reliable process.

We support a wide variety of groups, many of which are international and/or don't have tax-exempt status. Donate through us and you get one easy tax return letter and a hassle-free way to support incredible work in other countries.

▶ You want to empower communities.

Most of the work we support is already in progress, or is planned and just needs seed funding to jumpstart it. We don't reinvent the wheel or impose our methods. We respect that local people are the experts in their communities and know how to best use their resources.

▶ You want to support projects that *really* need funds.

We specialize in finding groups and individuals doing highly effective and innovative work, but who don't have much access to funding. With smaller projects, especially in low-income countries, your donation makes a larger, more significant impact and can take them to the next level.

▶ You want an organization you can trust.

We go above and beyond basic financial reporting to receive a full, third-party audit every year. We meet the strict standards of the Combined Federal Campaign and our combined overhead and fundraising is less than 5%.



How beautiful is a world
that is healthy, well-fed, and kind...
all at the same time.



Thank You